



COMMUNITY RESOURCE CENTER

Your Information and Volunteer Center serving the Harrisonburg/Rockingham Co and surrounding areas

Call- in or Walk-in Office at Muhlenberg Lutheran Church Activity Center

3/22/10

Phone: 540-433-3888 E-mail: volunteer@hrcrc.org Website: www.hrcrc.org

Public Meals – Soup Kitchens:

Monday: Our Community Place, 17 E. Johnson, Breakfast served (Mon-Fri) at 8:30am. Lunch served (Mon-Sat): food preparation begins at 10 am; meal is served at 12:30 pm Dinner served (Mon-Fri) at 6pm. 442-7727

Otterbein Methodist Church, corner of W. Market and High Street 4:30-5:00 p.m. 434-7747

Tuesday: First Presbyterian Church, Court Square; meal served 4:30-5:30 p.m. 434-6551

Wednesday: Blessed Sacrament, 154 N. Main St.; meal served at 4:30 p.m. 434-4341

Thursday: Friendship House at Blessed Sacrament, 154 N. Main St; meal served at 11:00 a.m. 434-4341

Friday: Blessed Sacrament, 154 N. Main St.; bag lunches served from 11a.m-1 p.m. 434-4341

Saturday: Harrisonburg Baptist Church, Main and Liberty Streets; bag lunches served from 11a.m.-12 noon 433-2456

Trinity Presbyterian Church, S High & Maryland; 1st Saturday Pancake Breakfast served 9:30-10:15 a.m. 434-9556

Sunday: Salvation Army, 185 Ashby Ave; meal served at 12:00pm 434-4854

Food Food Stamp Program: Department of Social Services, 110 N Mason St., 574-5100, M-F 8:00-4:30

Angel Food Ministries: Food program at low cost - Order monthly and may use food stamps.

Sponsored by Spring Creek Church of the Nazarene, 8863 Nazarene Church Rd. Bridgewater, VA 22812 (540)-828-3128

Food Pantries:

Patch Work Pantry Wednesday 7:00-8:00 p.m. at Community Mennonite Church, 70 South High St., 433-2148

Blessed Sacrament Catholic Church 154 N. Main St. Wed. – Fri. 9:00 a.m.-3:00 p.m., 434-4341

Emmanuel Episcopal Corner of Cantrell and Main St. Monday and Tuesday 10:00 - noon. Beginning in October. 434-2357

Salvation Army 185 Ashby Rd. Monday-Friday by appointment 1:00 – 4:00 p.m., or call 434-4854

Massanutten Presbyterian 50 Indian Trail Penn Laird 434-6194, 2nd Monday 10:00-11:00am, 4th Thursday 7:00-8:00 p.m.

Broadway Presbyterian (for those in N. Rockingham) 107 E. Lee Street, 5:30-7:00pm, 1st & 3rd Thurs., 896-3903

Bridgewater Church of the Brethren 420 College View Drive, Bridgewater, 1st & 3rd Tuesday at 7:00 p.m. 828-3711

Elkton Area United Services (EAUS) –Elkton Area Last Friday of the month 10:00 a.m.-2:00 p.m. 298-8685

Harrisonburg First Church of the Nazarene 1871 Boyers Rd. Th. 3:30-5:30, 1st & 2nd Sat. 9-12, 434-1092; proceed past Boyers Rd, then turn left located in double-wide.

Temporary Shelter

First Step 129 Franklin Street, 16-bed emergency shelter for victims of domestic violence; if space is available, there are beds for homeless women as well. Phone: 434-0295 or 1-866-223-9169

Mercy House 247 North High Street, P.O. Box 1478, Harrisonburg, Va. 22803, Provides shelter, along with other services, for families in need. Phone: 540-432-1812, 432-1884, 437-0219. Apartments at 307 North Liberty Street, Thrift Store at 1005 High Street 433-3272, Granny Long Legs Resale 16 S. Main Street, 433-4097.

The Salvation Army 185 Ashby Avenue, 72 person sleeping quarters and dining area Phone: (540)-434-4854, Emergency Shelter 433-2785, Thrift Store is located at 245 East Washington Street 433-8770.

HARTS – Harrisonburg and Rockingham Thermal Shelter – An emergency shelter during the cold weather months (Nov – March) for homeless persons who have no other option. Various sites through local faith communities will provide meal and warm place to sleep. Call or e-mail director at 540-578-3868 or brodgers6@gmail.com. During shelter hours call 540-578-3869. Registration 6:30-7:00pm at shelter location.

Mental Health

Center for Marriage and Family Counseling: 96 Campbell St., 433-1546

H/R Community Services Board: 1241N. Main St. 434-1941 (emergency 434-1766), intervention and education

Commonwealth Center for Children: 1355 Richmond Ave, Staunton 24401, 332-2100 Mon-Fri 8:00am -5:00pm, 24 hour services, ages 4-17 children with mental illness.

Family Life Resource Center: 273 Newman Ave. 434-8450, 8am-5pm, Individual & family counseling.

Journeys: Support group meets Tuesday evening at 7:00-8:30 at the V.A.I.L. Office, 205-B S. Liberty St. For information call 434-5981.

RMH Center for Behavioral Health: 235 Cantrell Ave. 433-4577, Inpatient and Day treatment programs.

Summit House: 1888 Pear St. 434-1816, 8:00am-3:30pm, Rehab program for long term mental illness.

Western State Hospital: 1301 Richmond Rd. Staunton, (540)332-8000, Dept of Mental Health Psychiatric care.

Suicide Hotline 1-800-784-2433

Substance Abuse Treatment

Toll Free 1-800-559-9503 24 hrs. Addiction Helpline 1-877-4 DRUG-ABUSE ASAP 350 North Main St. Harrisonburg VA. 434-0154
McNulty Center for Children & Family 434-0154 463 E. Washington St. 433-3100
LIFE Recovery Program: 235 Cantrell Ave. 564-5629 Intensive outpatient program for persons with alcohol or drug addiction.
Community Services Board: 1241 N. Main St. 434-1941, Therapy for alcoholism, Drug addiction, mental health education.
Alcoholics Anonymous: 12 step Inter group and contacts, 434-8870
Blue Ridge Narcotics Anonymous: BRANA helpline 885-7800 statewide helpline 1-800-777-1515

Health

Rockingham Memorial Hospital: Emergency medical care and a social work department for financial assistance (540) 433-4108
RMH Health Source: For questions and answers about health care providers and local health services. (540)433-4580
Hand In Hand RMH Atrium: Mentor program for pregnant teens, 411 Stone Springs Rd, 433-4340
Harrisonburg Pregnancy Center: 833 Cantrell Av. 434- 7528
Harrisonburg-Rockingham Dental Clinic: Dental Services for uninsured, 25W Water St. 433-2900
Harrisonburg-Rockingham Free Clinic: Free medical services/limited dental services for uninsured, 25 W. Water St. 433-5431
Valley Aids Network: Provides case management, emotional support, counseling, emergency financial assistance, educational presentations; practical support such as transportation, childcare assistance and grocery shopping. 568-8838 or 1-800-648-5302
Rockingham-Harrisonburg Health Department: provides STD and HIV/AIDS screening, family planning/birth control, immunization, and WIC. 110 N. Mason St. 574-5100
Harrisonburg Community Health Center: Provides primary health care needs for all children and families, insured and uninsured; accepts Medicare and Medicaid; sliding scale fee based on income, 1951 Evelyn Byrd Ave Suite I, 433-4913

Clothing and Furniture

Trinity Clothes Closet: FREE CLOTHING - 725 S. High St, 434-9556. Wed 6:30-7:30; 1st Sat 10-11
Mercy House Thrift Store: 1005 High St, 433-3272. M-F 9-5:30, Sat 9-5 .
Granny Long Legs Resale: 16 S. Main St, 433-4097. M-Sat 9-5
Salvation Army Thrift Store: 245 E. Washington St, 433-8770. M-Sat 9-4:30 (also in Timberville)
Gift and Thrift Store: 731 Mt Clinton Pike, 433-8844. M-Sat 9:30-5
Otterbein Methodist: FREE CLOTHING – 176 W. Market. Mon 5-6:00
Elkton Area United Services Thrift Store: 218 Spotswood Trail, Elkton, 298-8685. M-Th 10-5, F 10-7, Sat 10-2
McGaheysville United Methodist: FREE CLOTHING -10106 McG'ville Rd, 289-5445. 2nd & 3rd Wed 10-1
Goodwill Industries: 7475 S. Main Street, 434-6050 M- Sat 8:00am to 9:00pm and Sunday 12:00 – 6:00.
Harrisonburg First Church of the Nazarene 1871 Boyers Rd Sat 9-12, 434-1092; proceed past Boyers Road and turn left located in building beside double wide.

Housing Resources, Financial Assistance and Support Services

Supportive and Subsidized Housing

Central Valley Habitat for Humanity: 205 Dry River Rd, Bridgewater VA, 22812 (540)828-6288
Hope Community Builders: 450 Rockingham Dr, Harrisonburg VA, 28802 (540)433-0152
Harris Gardens: 215 Vine St., Harrisonburg, VA (540)434-6569
Harrisonburg Redevelopment & Housing Authority: 286 Kelley St, H'burg VA, 22803 (540)434-7386

Financial Aid

People Helping People: 281 E. Market St. Harrisonburg, VA, Muhlenberg Lutheran Church, Activity Center (540)433-7286.
M 8-10:30, T-Th 9:00-11:30, Closed Fridays
Salvation Army: Federal & Private funding 433-2785 or 434-4854
Elkton Area United Services (EAUS): 298-0931 Linda Hughes
HIP- Homeless Intervention Program: Rental and mortgage assistance 540-432-1812

Support Services

New Bridges Immigrant Resource Center: Support to Immigrants and non-English speaking persons. 70 South High St. 540-438-8295
Rebuilding Together of Harrisonburg/Rockingham County: Home repairs for Low income, elderly, and disabled with children, P.O. Box 2301 Harrisonburg VA 22803 (540) 830-7759
Valley Program for Aging Services (VPAS) Serving individuals 60+ years – case management, meal programs, senior centers and education about aging services. H'burg office: (540) 568-5688 or 568-5687

Legal Services

Blue Ridge Legal Services: Assist low income clients, 204 N. High St. Harrisonburg, VA (540)433-1830

Department of Social Services

The DSS offers many programs such as food stamps, fuel/heating/cooling assistance, and others. All are eligible to apply 110 N. Mason St, P.O. Box 809, Harrisonburg, VA 22803 Phone: (540)-574-5100 Fax: (540)574-5127 Hours: M-F 8:00-5:00pm