



Rockingham Regional TRIAD is proud to announce our next meeting

Monday, August 16, 2010

Rockingham Fire and Rescue Conference room
at the Rockingham County Administrative Offices
20 East Gay Street, Harrisonburg
10:00 a.m. (speaker, followed by lunch)

Topic: **The Medicare Maze**

Speaker: Howard Houghton
Renowned Medicare speaker and
VICAP Program Coordinator, Fairfax County

****With a grant from ElderAlliance, we are able to provide this workshop for free (includes a hot lunch) to those 60 and older. For those 59 and under a \$5 donation will be appreciated. Reservations are required and space is limited. Call 540-245-5750 to register.**

Reservations must be received no later than August 9th at 3pm

TRIAD is a partnership between senior citizens, law enforcement, and agencies, that work together to help prevent crimes against senior citizens. Our meetings are open to the public. For more information, please contact Cristin Sprenger, Rockingham Regional TRIAD Chair, at 540-245-5750 or 540-828-6205 or by e-mail at cristin@vt.edu

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Cristin Sprenger at (540) 245-5750 / TDD 1-800-828-1120 during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event.



Virginia Cooperative Extension
A partnership of Virginia Tech and Virginia State University www.ext.vt.edu



Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Rick D. Rudd, Interim Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Wondi Mersie, Interim Administrator, 1890 Extension Program, Virginia State, Petersburg.